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CLAIMS

1-34. (Cancelled)

35. (Currently Amended) A handle for a lacrosse stick and mounting a lacrosse head thereon, comprising:

a hollow metal tube having a substantially polygon cross-sectional shape for attachment to the lacrosse head;

said hollow metal tube having a top end and a bottom end, the hollow tube defining a length between said top end and said bottom end;

said hollow tube having an upper top end portion inwardly spaced from said top end, a lower portion inwardly spaced from said bottom end, and an intermediate portion between said upper and lower portions, and a bottom end portion;

said top end portion and said bottom end portion defining a length of said hollow metal tube;

said hollow metal tube having an outer surface and an inner surface, said hollow tube intermediate portion and lower portion being void of apertures; and

<u>at least two</u> a pair of reinforcing inserts, <u>each constructed from a deformable foam</u>

<u>material, said reinforcing inserts</u> attached <u>molded and permanently and immovably coupled</u> to said inner surface of said top end <u>upper</u> portion and said bottom end <u>lower</u> portion;

<u>at least one of</u> said reinforcing inserts forming a layer extending substantially around a circumference of said inner surface for strengthening said hollow metal tube at said top end <u>upper</u>

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portion and counterbalancing the lacrosse head at said bottom end lower portion;

said reinforcing inserts minimizing the weight of the handle by defining a hollow cavity and being offset from said intermediate portion and absorbing vibrations from said hollow metal tube during use.

- 36. (Currently Amended) The handle of claim 35 wherein <u>said reinforcing inserts</u> define a wall thickness, wherein <u>said wall thickness varies along the length of said hollow metal tube</u> formed from aluminum.
- 37. (Currently Amended) The handle of claim 35 wherein said hollow metal tube is formed from at least one of aluminum and titanium.
- 38. (Currently Amended) The handle of claim <u>36</u>[[35]] wherein said wall thickness is substantially uniform around said circumference of said inner surface.
- 39. (Previously Presented) The handle of claim 36 wherein said reinforcing inserts are formed from fiberglass.
 - 40. (Currently Amended) A handle for a lacrosse stick, comprising:

a hollow metal tube having a first end for engagement with a lacrosse head, and a second end opposite and distal from opposing said first end, and sidewalls extending from said first end to said second end;

said first end and said second end defining a length of said hollow metal tube, said hollow metal tube having an inner surface and an outer surface, said hollow tube sidewalls being void of apertures in said second end and along said length;

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a pair of reinforcing inserts attached molded and permanently immovably coupled to said inner surface of said hollow tube, said reinforcing inserts being spaced inwardly from said first end and said second end;

said reinforcing inserts extending substantially around a circumference of said inner surface:

said reinforcing inserts forming a layer coupled to said inner surface and defining a cavity for minimizing the weight of the handle;

said reinforcing inserts offset from an intermediate portion between said first end and said second end of said hollow metal tube for further minimizing the weight of the handle and absorbing vibrations from said hollow metal tube during use;

said hollow metal tube having a polygon cross-sectional shape.

- 41. (Currently Amended) The handle of claim 40 wherein said <u>reinforcing inserts</u> are formed from a deformable foam material that is molded directly to the inner surface, said <u>reinforcing inserts</u> each forming a cavity therethrough that minimizes the weight of the handle hollow metal tube formed from aluminum.
- 42. (Currently Amended) The handle of claim 40 wherein said hollow metal tube is formed from at least one of titanium and aluminum.
- 43. (Currently Amended) The handle of claim 40 wherein said <u>reinforcing inserts</u> are formed from a deformable foam material that is molded directly to the inner surface, said <u>reinforcing inserts completely filling a cavity defined by the inner surface wall thickness is</u>

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substantially uniform around said circumference of said inner surface.

44. (Previously Presented) The handle of claim 40 wherein said reinforcing inserts are formed from fiberglass.

45. (Currently Amended) A handle for a lacrosse stick and mounting a lacrosse head thereon, comprising:

a hollow metal tube having a plurality of inner corners defining a bore with a polygon cross-sectional shape;

said hollow metal tube having a top end portion terminating at a top end, an intermediate portion, and a bottom end portion terminating at a bottom end;

said top end portion and said bottom end portion defining a length of said hollow metal tube therebetween;

said hollow metal tube having an outer surface and an inner surface, wherein said top end defines an aperture for receiving a lacrosse head, wherein said bottom portion and said intermediate portion are void of apertures extending through said inner surface and said outer surface; and

a pair of reinforcing inserts attached to said inner surface of said top end portion and said bottom end portion hollow tube at said plurality of inner corners, wherein one of said reinforcing inserts is positioned between said top end and said intermediate portion, and the other of said reinforcing inserts is positioned between said bottom end and said intermediate portion;

said reinforcing inserts minimizing local deformation of said hollow metal tube and

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absorbing vibrations from said hollow metal tube during use;

said reinforcing inserts minimizing the weight of the handle being offset from said intermediate portion.

- 46. (Currently Amended) The handle of claim 45 wherein said <u>reinforcing inserts</u> are constructed from at least one of a solid core fiberglass element and a solid core foam element that are press fit into the hollow tube hollow metal tube formed from aluminum.
- 47. (Currently Amended) The handle of claim 45 wherein said <u>reinforcing inserts</u> are solid core foam elements that are molded in the top end portion and the bottom end portion hollow metal tube formed from titanium.
- 48. (Previously Presented) The handle of claim 45 wherein said reinforcing inserts are formed from fiberglass.
- 49. (Previously Presented) A lacrosse stick having a lacrosse head coupled to said top end portion of the lacrosse handle of claim 35.
- 50. (Previously Presented) A lacrosse stick having a lacrosse head coupled to aid first end of the lacrosse handle of claim 40.
- 51. (Previously Presented) A lacrosse stick having a lacrosse head coupled to said top end portion of the lacrosse handle of claim 45.
- 52. (New) The handle of claim 35 wherein a cross-section of said hollow metal tube is octagonal.
 - 53. (New) The handle of claim 40 wherein a cross-section of said hollow metal

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tube is octagonal.

54. (New) The handle of claim 45 wherein said reinforcing inserts are formed from a deformable foam material that is molded to said inner surface of said hollow tube.

55. (New) The handle of claim 54 wherein a cross-section of said hollow metal tube is octagonal.